



Paignton Lions Club

Boxing Day

"Walk into the Sea"

IMPORTANT INFORMATION!

This is a sponsored event which offers a great opportunity for you to raise funds for a Community cause, Project or Charity of your choosing.

Registration will be open from 10am with the Walk into the Sea at 12mid-day prompt.

All sponsorship monies raised can be split 50/50 with 50% to Paignton Lions Club (for Charitable purposes) and 50% to a Cause/Charity of your choice. If you haven't a chosen cause/charity then all sponsorship monies will go to Paignton Lions Club for Charitable purposes.

All completed sponsorship forms along with any monies and a completed registration form entitles the participant to entry, however you can still take part without this upon completing a **£10 registration—Adults (£5—Under 16's)** on the day. Under 16s must be accompanied by a responsible adult at all times in order to take part in this event. All participants **MUST** complete a registration form, for Insurance and Health & Safety reasons, to take part.

Fancy Dress is encouraged (but optional) for all participants and will be judged down on the beach at 11.45am. The Awards for Best Fancy Dress and Highest Sponsorship will be awarded as soon after the event as possible.

All sponsorship monies should be handed in on the day at Registration or forwarded to **Lion Treasurer Alan Tozer 54 Victoria Park Road, Torquay. TQ1 3QJ**. **PLEASE DO NOT** send any sponsorship monies direct to your chosen cause, it is a condition of participation that all monies will be collected by Paignton Lions Club and distributed to your chosen cause as soon after the event as possible. Sponsorship monies can be collected from you after the event if necessary, please arrange with us at time of Registration. **You can also donate via our "Just Giving" Page too.**

All Reasonable precautions have been taken to ensure the safety of the event and all those taking part. To state the obvious, the sea conditions will be cold and the weather conditions maybe also. If you have any medical conditions please seek medical advise before taking part. It is advisable to ensure you have either a Warm towel or clothing to wrap up in as soon as possible upon exit from the sea. It is **NOT** advisable, or encouraged by the event organisers, for you to run into the sea, the event clearly states Walk into the Sea, to prevent any trips/falls that may result in injury to you or others. Entry and Exit to/from the beach is via the indicated area only. Medical Volunteers, Coastguard and RNLI will all be in attendance on the day for your safety, however if you have, or you see, an issue, medical or otherwise, that may affect yours or someone else's safety then please raise the alarm immediately.

WE WISH YOU ALL A SAFE & FUN WALK INTO THE SEA AND THANK-YOU FOR TAKING PART!